



RACHEL
STAPLETON
PARALEGAL

BIOGRAPHY

Rachel Dinning is a Paralegal at Alexander Holburn.

Rachel joined the firm in 2014 after completing her Legal Administrative Assistant Certificate from Capilano University. She completed her Paralegal Certificate at Capilano University in 2019.

Rachel brings extensive professional experience to her role, with a primary focus on litigation and insurance defense. Her expertise spans various litigation areas, including personal injury, professional negligence, occupier's liability, aviation, and labor and employment. In her capacity, Rachel handles all aspects of file management, from drafting pleadings and preparing chambers applications to analyzing medical and wage loss documents, instructing experts, and maintaining client communication. She is well-versed in navigating different levels of court, including Small Claims Court, Supreme Court, the Court of Appeal, and the Civil Resolution Tribunal.

ON A PERSONAL NOTE

Rachel is an avid dog lover and enjoys exploring everything outdoors that Vancouver has to offer. Rachel enjoys baking and spending time with her friends and family.

EMAIL rstapleton@ahbl.ca
TEL 604 628 2763
FAX 604 628 3263

EDUCATION

- 2019, Paralegal Certificate, [Capilano University](#)
 - 2014, Legal Administrative Assistant Certificate, [Capilano University](#)
 - 2013, Associate of Arts Degree, [Capilano University](#)
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